

# 4th Yangtze River Delta Hash



SHANGHAI

May 12th 13th 14th

2023



INFO

4th Yangtze  
River Delta  
Hash Shanghai  
May 2023



## Information PACK

**Why should I cum,** HOW MUCH DOES IT COST and **Who is in charge?**

Do you need a reason for a weekend of Hashing and drinking? Well, how about Charity?

## The SHANGHAI HASH

Is currently trying to raise money to pay for life-changing surgery for an under-privileged Chinese child.

Over the course of the weekend there will be plenty of opportunities to show your generosity including a prize raffle and drinking competitions.

## The COSTS

For the Saturday & Patch – 200rmb

Cost for Friday, Saturday & Patch – 300rmb

Cost for shirt – 130rmb

## This EVENT

Is being mismanaged by Squeaky Rider and others within the Shanghai Hash House Harriers Community.

You can **sign up** and ask more questions in the Yangtze River Delta Hash 2023 **WeChat group** or email: [yrd2023@dogsh3.com](mailto:yrd2023@dogsh3.com)

Group: Yangtze River Delta:  
May 12-14th



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## What is happening AND WHEN?

### FRIDAY **12th May**

Meet at BNC (our Hash bar for the weekend) from 6pm to sign in, collect your Haberdashery and enjoy happy hour prices at the bar.

At 7pm we will set off for the pre-lube Bar Crawl Hash with running and walking options. We will run, walk and stagger our way through the streets of Jing'an before finishing back at the Hash Bar for circle and then more happy hour drinking!

**100rmb sign up price includes a drink at 4 beer stop bars and circle beers.**

**On On On beers at BNC are pay for your own with Happy Hour prices!**

### SATURDAY **13th May**

Time for the main event! We will be taking a bus out to the hashing site so make sure to be at your pickup location on time.

First pick-up at the Portman Hotel in the Shanghai Centre, closest metro Jing'an Temple, meet for 11:30 as the bus **WILL LEAVE** at 1200 SHARP!!! Second pickup at the Hash Bar at 12:15.

You will then have your choice of Ball Busting 20km run, regular Hash of adequate distance or a leisurely walk with plenty of cold beer for beer stops and circle afterwards, followed by Bash Dinner.

We will then return to the Hash Bar by bus for a whole evening's entertainment. We will have our very own Hash Band (Hai Jinks) providing live music all night. There will be a prize raffle to raise money for our **Hash Charity** with prizes including a Hilton Hotel Stay, A High Tech Sex Toy, Hash Gear and more! We will also see who is the champion Hash drinker with our Half-Yard of Beer Down-Down competition.

**200rmb sign up price includes transport to and from the run, beer stops drinks, circle beers, bash dinner and the band at the On On On!**

**On On On beers at BNC are pay for your own with Happy Hour prices!**

### SUNDAY **14th May**

Drag yourself out of bed for a hungover Sunday Hash to see some of the famous sights, sounds and (probably) smells of Shanghai.

**Our regular Sunday Hash prices are 30rmb for circle only and 100rmb for circle and bash.**

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## How do I GET THERE?

### HASH **Bar**

Our Hash Bar is the BNC  
685 Xikang Lu, near Changping Lu, Shanghai, China

中国上海, 西康路 685 号 · 近昌平路

**Closest metro (Changping Lu on line 7) is less than 500m away!**



### SHANGHAI **Railway Station**

If you are travelling into Shanghai the closest Train Station to the Hash Bar is Shanghai Railway Station (2km away or 20 mins by metro – line 3/4 then 7).

### HONGQIAO **Airport** and HONGQIAO **Station**

Hongqiao Airport SHA and Hongqiao Station are about 40 minutes away by metro (line 2 then 7)

### SHANGHAI SOUTH **Railway Station**

Shanghai South is about 30 minutes away by metro ( Line 1 then 7 )

### PUDONG **Airport**

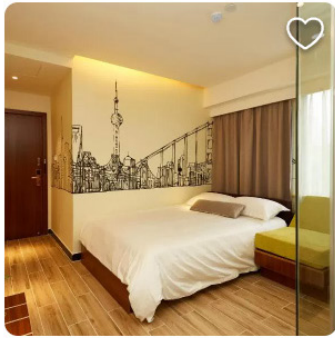
Pudong Airport PVG is a lot further away, close to 50 km and up to an hour by metro ( line 2 ) or Didi!

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## Where do | STAY

### Closest and BUDGET OPTIONS



#### Shanghai Meego Qingwen Hotel

[Jing'an, Shanghai](#) · [Show on map](#) · 0.5 miles from map center

Travel Sustainable property

##### Bed in 4-Bed Male Dormitory Room

Bed in dorm

1 bunk bed

##### Free cancellation

You can cancel later, so lock in this great price today!

Very Good 8.5  
92 reviews

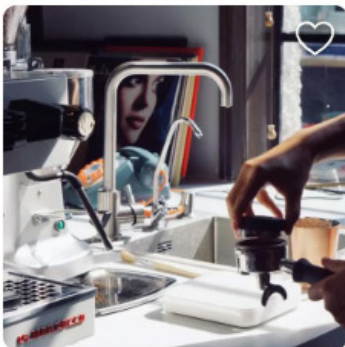
2 nights, 1 adult

CNY 263

[See availability](#)

### Shanghai Meego Qingwen HOTEL

Dorms and Private rooms available, closest Hotel to the Hash Bar  
Floor 4 No 495 Jiangning Road , Jing'an, 200041 Shanghai, China



#### Hills Boutique Guesthouse

[Jing'an, Shanghai](#) · [Show on map](#) · 0.5 miles from map centre · Metro access

##### Queen Room with Garden View

1 large double bed

##### Free cancellation

You can cancel later, so lock in this great price today.

Very good 8.3  
7 reviews

2 nights, 1 adult

CNY 864

[See availability](#)

### Hills Boutique GUESTHOUSE

No.51, Lane 848, Kangding Road, Jing'an, 200040 Shanghai, China  
Also very close to the Hash Bar, features a garden, shared lounge, a terrace and bar.

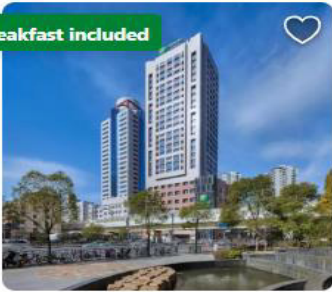
**Other Hotels within WALKING DISTANCE:** continue to next page

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## Other Hotels within WALKING DISTANCE:

Breakfast included



### Holiday Inn Express Shanghai Zhenping, an IHG Hotel

[Putuo, Shanghai](#) [Show on map](#) · 1.1 miles from map centre

**Standard Queen Room**  
1 large double bed

**Breakfast included**

**FREE cancellation • No prepayment needed**

You can cancel later, so lock in this great price today.

Good **7.5**  
28 reviews

2 nights, 1 adult  
**CNY 818**

[See availability](#) >



### GMA Hotel ShangHai WuNing Road ZhenPing Road Metro Station

[Putuo, Shanghai](#) [Show on map](#) · 1.1 miles from map centre

Travel Sustainable property

**Feature Double Room**  
1 large double bed

**FREE cancellation • No prepayment needed**

You can cancel later, so lock in this great price today.

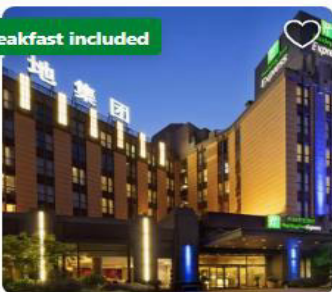
**Only 5 rooms left at this price on our site**

Review score **5.0**  
1 review

2 nights, 1 adult  
**CNY 492**

[See availability](#) >

Breakfast included



### Holiday Inn Express Shanghai Putuo, an IHG Hotel

[Putuo, Shanghai](#) [Show on map](#) · 1.1 miles from map centre · Metro access

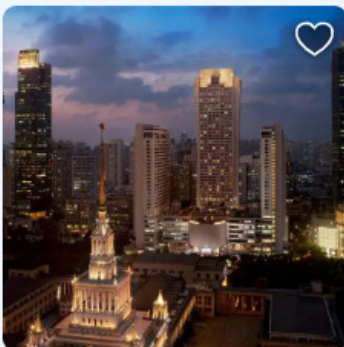
**Queen Room with Wheelchair Access - Non-Smoking**  
1 large double bed

**Breakfast included**

2 nights, 1 adult  
**CNY 616**

[See availability](#) >

## Fancy OPTION



### The Portman Ritz-Carlton Shanghai

[Jing'an, Shanghai](#) [Show on map](#) · 1.4 miles from centre

Travel Sustainable property

**Deluxe Room, Guest room, 1 King**  
1 extra-large double bed

**FREE cancellation • No prepayment needed**

You can cancel later, so lock in this great price today.

Very good **8.4**  
146 reviews

**Location 9.5**

2 nights, 1 adult  
**CNY 2,450**

[See availability](#) >

## The Portman Ritz-Carlton Shanghai

1376 Nanjing Xi Road., Jing'an, 200040 Shanghai, China

**Perfect spot for Saturday Bus Pick-Up!**

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## Is there HABERDASHERY?

Everyone who books and pays on time  
will receive a patch for the event:



YRD Shirts are available for 130rmb if booked in advance.

These are made by Rocket Science Sport and are quality running shirts that come with a year-long guarantee.

Check the sizing chart and say when you sign up and pay if you would like your hash name on the back.

**NOTE – These are a runners fit so check sizes carefully!**

## Sizes CHART

### WEIGHT

### GIRL'S AND WOMEN'S SWIMSUITS AND APPAREL

SIZE	CHEST (IN/CM)	WAIST (IN/CM)	HIP (IN/CM)	HEIGHT (IN/CM)	WEIGHT (LBS/KG)
YXS / 22	24" / 61	20" / 51	24" / 61	3'6"-4'3" / 110-128	44-60 / 20-27
YS / 24	26" / 66	22" / 56	26" / 66	4'1"-4'6" / 125-140	53-79 / 24-36
YM / 26	28" / 71	24" / 61	29" / 74	4'3"-4'8" / 132-145	73-95 / 33-43
XS / 28	30" / 76	26" / 66	32" / 81	4'8"-5'1" / 142-155	88-110 / 40-50
S / 30	32" / 81	28" / 71	34" / 86	4'9"-5'4" / 145-162	104-119 / 47-54
M / 32	34" / 86	30" / 76	36" / 92	5'0"-5'7" / 152-170	115-137 / 52-62
L / 34	36" / 92	32" / 81	38" / 97	5'5"-5'11" / 165-180	130-150 / 59-68
XL / 36	38" / 97	34" / 86	40" / 101	5'7"-6'1" / 170-185	146-185 / 66-84
2XL / 38	40" / 101	36" / 92	42" / 107	5'7"-6'1" / 170-185	181-220 / 82-100
3XL / 40	42" / 107	38" / 97	44" / 112	5'7"-6'1" / 170-190	198+ / 90-100+

### BOY'S AND MEN'S SWIMSUITS AND APPAREL

SIZE	CHEST (IN/CM)	WAIST (IN/CM)	HIP (IN/CM)	HEIGHT (IN/CM)	WEIGHT (LBS/KG)
YXS / 22	26" / 66	22" / 56	26" / 66	3'6"-4'3" / 110-128	44-66 / 20-30
YS / 24	28" / 71	24" / 61	28" / 72	4'1"-4'6" / 125-140	60-88 / 27-40
YM / 26	30" / 76	26" / 66	31" / 79	4'3"-4'8" / 132-145	82-110 / 37-50
XS / 28	32" / 81	28" / 71	33" / 84	4'7"-5'5" / 142-165	104-135 / 47-61
S / 30	35" / 88	30" / 76	34" / 86	5'2"-5'10" / 157-178	126-165 / 57-75
M / 32	38" / 95	32" / 81	36" / 91	5'7"-6'1" / 170-185	143-181 / 65-82
L / 34	41" / 103	34" / 86	38" / 96	5'11"-6'3" / 180-190	159-212 / 72-96
XL / 36	44" / 112	36" / 91	42" / 106	6'0"-6'8" / 183-203	176-247 / 80-112
2XL / 38	46" / 117	38" / 96	44" / 112	6'0"-6'8" / 183-203	194-265 / 88-120
3XL / 40	48" / 122	40" / 101	46" / 117	6'0"-6'8" / 183-203	212+ / 96-128+